

# HOW TO USE A BEDPAN

## Counselling Card

# 1

If person can lift hips, slide the bedpan under the buttocks.



# 2

If person cannot lift hips:

- Turn person onto side
- Place bedpan against person's buttocks
- Assist person to roll onto bedpan



# 3

- After person has finished (defaecated – urinated), carefully remove bedpan without spilling
- Clean person
- Immediately put faeces – urine in latrine

